

Don Wheeler LMT.  
 Joleen Kolk LMT  
 Neuromuscular Therapy

## Corrective Massage Therapy

**Patient Number:** \_\_\_\_\_  
**Date of First Visit:** \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Email address: \_\_\_\_\_  
 Phone: H (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ W (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ C (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
 Other(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ If From Out of town, Local Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
 Social Security Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Sex: Male\_\_ **Female\_X** Height: \_\_\_' \_\_\_" Weight \_\_\_\_\_ lbs

Marital Status: S\_\_ M\_\_ D\_\_ W\_\_

Place of Employment: \_\_\_\_\_

Address: \_\_\_\_\_

Spouses Name: \_\_\_\_\_ Spouses

Employment: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Other(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Who Referred You? \_\_\_\_\_

How Did You Hear about Us? \_\_\_\_\_

<b>Habits</b>	<b><u>Heavy</u></b>	<b><u>Moderate</u></b>	<b><u>Light</u></b>	<b><u>None</u></b>
Tobacco				
Weekly sugar				
Alcohol				
Coffee				
Tea				
Exercise				

**Current Condition:**

What Has brought you here today?

-----  
 List up to five things in order of Priority, that you would like corrected:

(1)\_\_\_\_\_ (2)\_\_\_\_\_ (3)\_\_\_\_\_ (4)\_\_\_\_\_ (5)\_\_\_\_\_

**Past History:**

Have You had similar problems before? **Yes / No** If Yes, When?

-----  
 What caused the episodes?

-----  
 What do you think relieved them?

-----  
 Did they disable you? **Yes / No** Prevent you from working? **Yes / No**

Hospitalize you? **Yes / No**

What was previous diagnosis?\_\_\_\_\_

What were the treatments?\_\_\_\_\_

Did they help? **Yes / No**

Name of Physician:\_\_\_\_\_ Phone(\_\_\_\_)\_\_\_\_\_ -\_\_\_\_\_

Have you ever had any operations? **Yes / No**

If Yes, describe briefly & give year:\_\_\_\_\_

Any Broken Bones? **Yes / No** Which Bones?\_\_\_\_\_ Date\_\_\_\_\_

Been in an Accident? **Yes / No** Date:\_\_\_\_\_

Describe:\_\_\_\_\_

Constipation? **Yes / No** How many bowel movements per day?\_\_\_\_\_ If Yes,

What have you done to relieve it?

-----  
 To the best of your knowledge, do you have any contagious diseases, *i.e.* HIV,

Harpies, Mono,? **Yes / No**

If Yes, Which, & What Treatment are you receiving?\_\_\_\_\_

Do you have any form of cancer? **Yes / No** If yes, where in the body?\_\_\_\_\_

List any medications you are currently taking:\_\_\_\_\_

Has anyone ever told you that you have an anatomically short leg? **Yes /**

**No** Fallen Arch **Yes / No**

Do you wear heal lifts? **Yes / No** Sole lifts? **Yes / No** Arch Supports? **Yes/ No**

Do you use a foam Pillow? **Yes / No** Feather? **Yes / No** Orthopedic? **Yes /No**

Age of mattress:\_\_\_\_\_ Is your mattress Comfortable? **Yes / No**

Do you bruise easily? ( Black and Blue Marks)\_\_\_\_\_

Is there anything else you can think of that might help me treat you?

-----  
 How would it effect your life if you no longer had the condition that brought you in today?

-----  
 Would you give me permission to send you an occasional E-mail to check in on you &/or to let you know about any specials we might be offering?**Yes / No**

**Do You Have Difficulty With Any of the Following:**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Headaches                    | <input type="checkbox"/> Muscle Spasms                | <input type="checkbox"/> Allergies to Oil       |
| <input type="checkbox"/> Shooting Head Pain           | <input type="checkbox"/> Grating in Neck              | <input type="checkbox"/> Allergies to Fragrance |
| <input type="checkbox"/> Sinus Trouble                | <input type="checkbox"/> Tightness of Shoulder Muscle | <input type="checkbox"/> Gall Bladder Trouble   |
| <input type="checkbox"/> Neuritis in Shoulder         | <input type="checkbox"/> Indigestion                  | <input type="checkbox"/> Thrombosis             |
| <input type="checkbox"/> Pins & Needles in Arms/Hands | <input type="checkbox"/> Intestinal Gas               | <input type="checkbox"/> Cold Sweat             |
| <input type="checkbox"/> Loss of Taste                | <input type="checkbox"/> Cold Hands                   | <input type="checkbox"/> Liver Trouble          |
| <input type="checkbox"/> Tightness in Throat          | <input type="checkbox"/> Chest Pain                   | <input type="checkbox"/> Diabetes               |
| <input type="checkbox"/> Inflamed Throat              | <input type="checkbox"/> Shortness of Breath          | <input type="checkbox"/> Loss of Smell          |
| <input type="checkbox"/> Heart Pain                   | <input type="checkbox"/> Tuberculosis                 | <input type="checkbox"/> Hay Fever              |
| <input type="checkbox"/> Heart Palpitations           | <input type="checkbox"/> Cancer                       | <input type="checkbox"/> Asthma                 |
| <input type="checkbox"/> Heart Attacks                | <input type="checkbox"/> Sleeping Problems            | <input type="checkbox"/> Constipation           |
| <input type="checkbox"/> High Blood Pressure          | <input type="checkbox"/> Painful Joints               | <input type="checkbox"/> Kidney Trouble         |
| <input type="checkbox"/> Low Blood Pressure           | <input type="checkbox"/> Swollen Joints               | <input type="checkbox"/> Bladder Trouble        |
| <input type="checkbox"/> Anemia                       | <input type="checkbox"/> Arthritis                    | <input type="checkbox"/> Thyroid Trouble        |
| <input type="checkbox"/> Rheumatic Fever              | <input type="checkbox"/> Slipped Disc                 | <input type="checkbox"/> Face Flushing          |
| <input type="checkbox"/> Stomach Trouble              | <input type="checkbox"/> Pinched Back Nerve           | <input type="checkbox"/> Twitching of Face      |
| <input type="checkbox"/> Ulcers                       | <input type="checkbox"/> Pins & Needles in Legs       | <input type="checkbox"/> Loss of Memory         |
| <input type="checkbox"/> Nerves or Nervousness        | <input type="checkbox"/> Swollen Ankles               | <input type="checkbox"/> Fatigue                |
| <input type="checkbox"/> Inner Tension                | <input type="checkbox"/> Cold Feet                    | <input type="checkbox"/> Depression             |
| <input type="checkbox"/> Irritability                 | <input type="checkbox"/> Pain in Legs & Feet          | <input type="checkbox"/> Head Feels Too Heavy   |
| <input type="checkbox"/> Phlebitis                    | <input type="checkbox"/> Skin Allergies               | <input type="checkbox"/> Dizziness              |
| <input type="checkbox"/> Fainting                     | <input type="checkbox"/> Allergies to Lotion          | <input type="checkbox"/> Wear Glasses           |
| <input type="checkbox"/> Ringing in Ears              | <input type="checkbox"/> Loss of Balance              | <input type="checkbox"/> Bruise Easily          |
| <input type="checkbox"/> Light Bothers Eyes           |   |   |

**Female Only**

- |   |  |
|---|--|
| <input type="checkbox"/> Are You Pregnant?            | <input type="checkbox"/> Premenstrual Tension or Depression  |
| <input type="checkbox"/> Very Easily Fatigued         | <input type="checkbox"/> Menstruation Excessive or Prolonged |
| <input type="checkbox"/> Painful Menstruation Cramps  | <input type="checkbox"/> Menopausal Hot Flashes, Etc.        |
| <input type="checkbox"/> Painful Breasts              | <input type="checkbox"/> IUD or Diaphragm                    |
| <input type="checkbox"/> Melancholia of Long Standing |  |

## **CORRECTIVE MASSAGE THERAPY - Don Wheeler, L.M.T .**

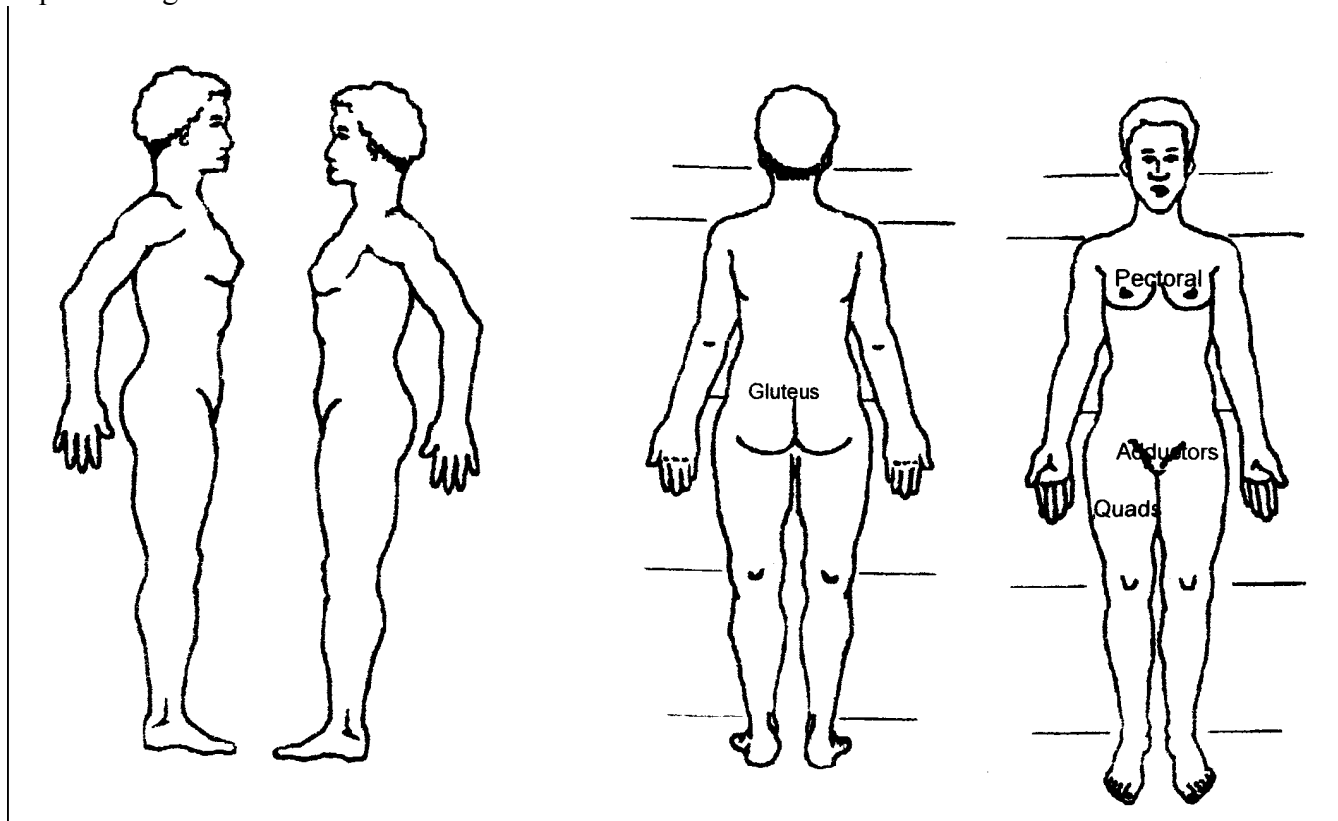
The picture below indicates what areas may be treated during your session. Please indicate areas you feel pain.

In Neuromuscular work, it is important that all ischemic muscles be treated from origin to insertion. This may require treating areas such as the pectoral, gluteus, quads, adductors, and so forth. I make every effort to keep you informed as to where I'll be treating and why. However, if at any time you feel uncomfortable with any procedure or area being treated, please do not hesitate to tell me, so I can stop, until you feel comfortable with the work.

Consent to work areas mentioned above: (Please circle one) **YES / NO**

Normally, we will either ask you to wear an exam gown or use a drape. Either way, you are covered on any area that we're not working on.

Your therapy session will consist of different modalities such as Neuromuscular, Swedish & possibly Aqua massage.



**I hereby certify that the information on this form is true and accurate to the best of my knowledge. I understand that massage therapy is not a substitute for medical examination. I agree to pay the therapist for missed appointments. I am responsible for keeping the therapist updated on any changes in my health. I hereby release him from any claims or liability. I understand that if at any time I become uncomfortable for any reason, I may ask that the session be ended.**

---

**Patient Signature**

# Please Note

---

WHEN YOU MAKE AN APPOINTMENT WITH US , WE START WORKING FOR YOU.

WE RESERVE THAT TIME AND DAY ESPECIALLY FOR YOU , WHICH IN TURN MAKES THAT TIME UNAVAILABLE FOR OTHERS WHO MAY NEED IT.

WE START WORKING FOR YOU IN ADVANCE BY PULLING YOUR FILES TO REVIEW YOUR SPECIFIC TREATMENTS, X-RAYS, MEDS, HOMEWORK, ETC.

SO BY THE TIME YOU ACTUALLY COME IN FOR YOUR APPOINTMENT , WE HAVE DEVOTED OUR TIME , ENERGIES AND OUR RESOURCES INTO YOUR APPOINTMENT.

---

**If we Do Not Receive 24 hr. Notice of your cancellation  
You Will be Charged for the Appointment**

---

IF YOU ABSOLUTELY MUST CANCEL OR RESCHEDULE YOUR APPOINTMENT,  
KINDLY GIVE US AS MUCH NOTICE AS POSSIBLE.

We hope You understand That without 24 hr notice of your cancellation we will have to Charge You for the appointment.

**~Thank you for Your Consideration~**

I have read this form and agree to the terms therein.

Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_